

# MEALS ON WHEELS VOLUNTEER APPLICATION



When completing this application, please consider the following expectations for becoming a volunteer with Suffolk Meals on Wheels. It is important to arrive at the designated time to perform your volunteer task. If you expect to be delayed, or unable to volunteer during your scheduled time, please call your Team Leader or the office ASAP to allow us time to find a substitute.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Address \_\_\_\_\_ Bldg/Apt \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ CELL Phone #: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_ Social Security Number (last 4 digits) \_\_\_\_\_

Email Address: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_

I can drive for deliveries: YES \_\_\_ NO \_\_\_ Vehicle Model/Year/Color: \_\_\_\_\_

I would like to work with a team: \_\_\_\_\_ or alone: \_\_\_\_\_

Vehicle Insurance with: \_\_\_\_\_ Phone # with Agent: \_\_\_\_\_

**CIRCLE DAYS AVAILABLE: MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY**

I would like to work with a team \_\_\_\_\_ or alone \_\_\_\_\_

How did you learn about Meals on Wheels? \_\_\_\_\_

I give Suffolk Meals on Wheels permission to run a criminal background check on me. I agree to abide by the rules and guidelines set forth for Meals on Wheels Volunteers. I agree to respect and keep confidential any and all information, circumstances or records concerning those with which I become aware of while volunteering for Suffolk Meals on Wheels.

Include a copy of your driver's license with the application. We will use the picture for your volunteer badge. Please wear your badge when delivering meals. Return application to: Suffolk Meals on Wheels – 2800 Godwin Blvd – Suffolk, VA 23434

Volunteer Signature \_\_\_\_\_ Date \_\_\_\_\_



Dear Volunteer:

Thank you for joining the volunteers at **Suffolk Meals on Wheels**. You will find that you are joining the most wonderful group of volunteers. Our volunteers deliver dignity and compassion. Information on your application is kept strictly confidential.

Volunteering for **Suffolk Meals on Wheels** is an opportunity to help others. There are several benefits. While delivering, you have insurance coverage through our Risk Accident Policy; additionally, you may receive a free flu shot as a volunteer at Sentara Obici. To celebrate the successes of the year, you will be invited to our Annual Recognition Dinner Celebration.

Volunteers are asked to obtain a picture ID from our main office once your application has been submitted. ID badges should be worn while volunteering with **Suffolk Meals on Wheels**. As an added benefit while wearing your badge, you will receive a 20% discount on meals from Sentara Obici's Courtyard Café.

I would like to thank the volunteers who selflessly give their time and compassion in order to "to deliver a smiles" to our recipients' days. I am most thankful to be a part of a network of awesome volunteers that provide a much-needed service and build lasting relationships with the seniors and disabled in our communities.

We make a difference and I am proud of what we do.

With grateful thanks,

Roseland Lowe Worrell  
Executive Director  
Suffolk Meals on Wheels  
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[www.suffolkmealsonwheels.com](http://www.suffolkmealsonwheels.com)

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