

2019

MEALS ON WHEELS VOLUNTEER APPLICATION



Thank you for your interest in joining us as a volunteer. When completing this application, please consider the following expectations for becoming a volunteer with Suffolk Meals on Wheels. It is important to arrive on time to deliver meals. If you expect to be

delayed, or unable to volunteer during your scheduled time, please call your Team Leader (first) if you are on a team, or office (934-4911) ASAP to allow us time to find a substitute. Delivering meals to our recipients is a commitment. We are a 501c3 organization.

Last Name _____ First Name _____ MI _____

Address _____ Bldg/Apt _____

City _____ Zip _____ CELL Phone #: _____

Date of Birth _____ Emergency Contact: _____

Email Address: _____ Gender: _____

I can drive to deliver meals: YES ___ NO ___ I would like to work with a team: ___ or alone: ___

CIRCLE DAYS AVAILABLE: MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

How did you learn about Meals on Wheels? _____

I give Suffolk Meals on Wheels permission to run a background check on me. I agree to abide by the rules and guidelines set forth for Meals on Wheels Volunteers. I agree to respect and keep confidential any and all information, circumstances or records concerning those with which I become aware of while volunteering for Suffolk Meals on Wheels.

Include a copy of your driver's license picture with application. We will use the picture for your volunteer badge and discard any license information. Please wear your badge when delivering meals.

Return application to:
 Suffolk Meals on Wheels
 2800 Godwin Blvd
 Suffolk, VA 23434

Volunteer Signature _____ Date _____



2019

Dear Volunteer:

Thank you for joining as a volunteer with **Suffolk Meals on Wheels**. You will find that you are joining the most wonderful group. Our volunteers deliver dignity and compassion along with the meals. Information on your application is kept strictly confidential.

Volunteering with **Suffolk Meals on Wheels** is an incredible opportunity to help others. There are several benefits. While delivering meals, you have insurance coverage through our Risk Accident Policy; additionally, you have the opportunity receive a free flu shot as a volunteer at Sentara Obici. To celebrate the successes of the year, you will be invited to our Annual Recognition Dinner Celebration.

Volunteers are asked to obtain a picture ID from our office once your application has been submitted. Your ID badge should be worn while volunteering with **Meals on Wheels**. As an added benefit while wearing your badge, you will receive a **20%** discount on meals purchased from Sentara Obici's Courtyard Café.

I would like to thank our volunteers who generously give their time and compassion to "to deliver smiles" to our recipients' daily. I am most thankful to be a part of a network of amazing volunteers that provide this much-needed service of home-delivered meals and build lasting relationships with the seniors and disabled in our communities.

WE make a difference, and I am proud of what we do. Best of all, we deliver smiles...

With grateful thanks,

Roseland

Roseland Lowe Worrell
Executive Director
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